

WELL-BEING WORKSHOP | SUNDAY OCTOBER 1

QUEST FOR PRESENCE

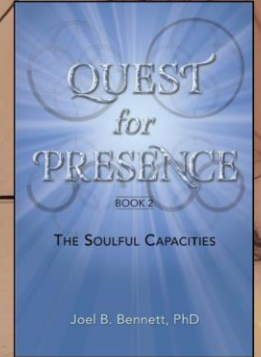
Letting the Light In Workshop and Book Signing

Facilitated by
Joel B. Bennett and Carol Denise Ward

Sunday, October 1st

Tatnuck Bookseller
18 Lyman St, | Westborough, MA 01581

Workshop 1:00 to 4:00 | Book Signing 4:00 to 5:00



Tatnuck Bookseller in Westborough

Join us for an inspiring and transformative event, the **Quest for Presence: Letting the Light In** workshop and book signing. This in-person event will take place on **Sun, Oct 01, 2023** from **1:00 PM to 5:00 PM (EDT)**.

This unique combination of a workshop (1:00 to 4:00; cost below) followed by a book signing (4:00 to 5:00; free) provides a range of tools and insights to further personal transformation. Based on *the Quest for Presence* collection of books, you will learn a new, healthy, and powerful view of time for you, your journey, and your soul.

Don't miss the chance to meet the author and have your book signed! Tatnuck Bookseller--**18 Lyman Street, Westborough, MA 01581**.

The workshop will begin with introductions, an interactive session of creating presence through art, and guided meditations around the four soulful capacities:

- Acceptance • Presence
- Flow • Synchronicity



Carol Denise Ward



Joel Bennett



LEARN MORE
REGISTER ON
EVENTBRITE
bit.ly/QFP1001

Book Cost: \$20
Workshop Cost: \$37
(Register above or pay at the door)