

Author Event

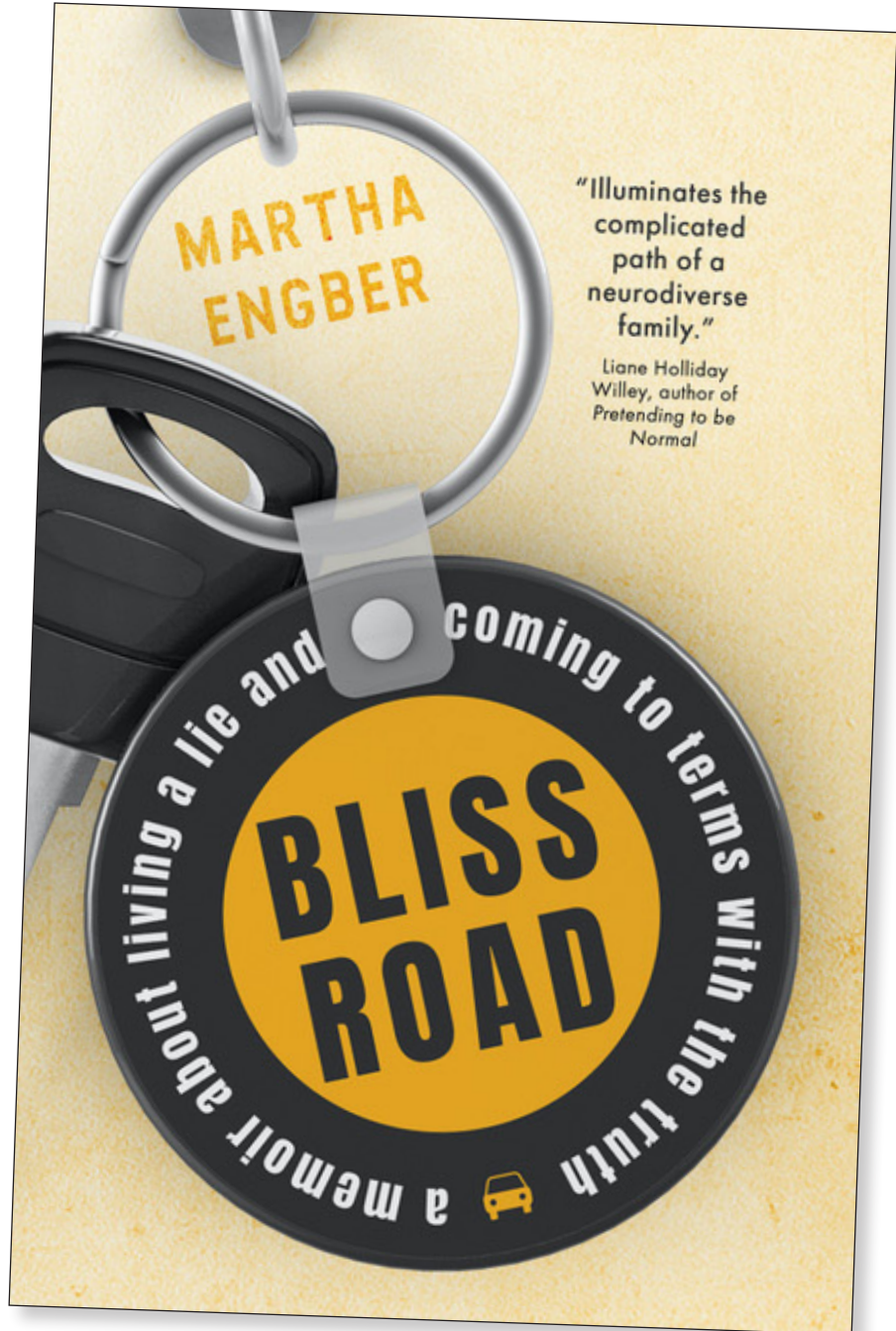


Martha Engber

**Saturday,
August 19
12-1pm**

BLISS ROAD tells the story of Martha Engber, who lived a charmed life in the suburbs with a husband and two kids where everything was fine, fine, fine until suddenly she was... completely broken. She was so used to lying to others and herself that she had no idea who she really was or how she felt about anything. What happened? Why was her life smooth driving one minute and totaled the next?

In this sometimes funny, often devastating memoir, Martha describes the arduous journey toward discovering the invisible roadblock that ran her life off course: her psychological distress as the result of being the neurotypical daughter of a dad with undiagnosed Autism Spectrum Disorder, one of a dozen neurodiverse conditions that affect an estimated 1 in 20 people worldwide, or 400 million!



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